

SAPSASA Swimming 2013

The trials for the Upper South East swimming team will be held on Thursday February 28th at the Tatiara and District Memorial Pool (Bordertown).

Please arrive at 9.30am. Warm-up will be at 10am. Racing will commence at 10.30am.

Children born in **2003, 2002, 2001 and 2000** are eligible to compete.

Programme of events is as follows:

1. Open boys 100m freestyle
2. Open girls 100m freestyle
3. Boys 10yrs 50m freestyle (2003 born)
4. Girls 10yrs 50m freestyle “
5. Boys 11 yrs 50m freestyle (2002 born)
6. Girls 11 yrs 50m freestyle “
7. Boys 12 yrs 50m freestyle (2001 born)
8. Girls 12 yrs 50m freestyle “
9. Boys 13 yrs 50m freestyle (2000 born)
10. Girls 13 yrs 50m freestyle “
11. Boys 10yrs 50m backstroke (2003 born)
12. Girls 10yrs 50m backstroke “
13. Boys 11 yrs 50m backstroke (2002 born)
14. Girls 11 yrs 50m backstroke “
15. Boys 12 yrs 50m backstroke (2001 born)
16. Girls 12 yrs 50m backstroke “
17. Boys 13 yrs 50m backstroke (2000 born)
18. Girls 13 yrs 50m backstroke “
19. Boys 10yrs 50m breaststroke
20. Girls 10yrs 50m breaststroke
21. Boys 11yrs 50m breaststroke
22. Girls 11yrs 50m breaststroke
23. Boys 12yrs 50m breaststroke
24. Girls 12yrs 50m breaststroke
25. Boys 13yrs 50m breaststroke
26. Girls 13yrs 50m breaststroke
27. Boys 10 yrs 50m butterfly
28. Girls 10 yrs 50m butterfly
29. Boys 11 yrs 50m butterfly
30. Girls 11 yrs 50m butterfly
31. Boys 12 yrs 50m butterfly
32. Girls 12 yrs 50m butterfly
33. Boys 13 yrs 50m butterfly
34. Girls 13 yrs 50m butterfly

Nomination forms are available on the USE SAPSASA website or from your school.

Please complete and return to your school.

Each swimmer needs to complete their own individual nomination form.

- Children are able to enter in all events on the trial day. Swimmers selected in the USE SAPSASA team to compete in Adelaide on Friday March 22nd may be required to swim in up to 4 individual and/or relay events. Each age group has a freestyle relay (boys and girls). There is also an open medley relay (boys and girls).
- Entry fee: \$2 per swimmer
- The 100m freestyle event is an open event and 1 boy and 1 girl will be selected to swim this event in Adelaide. Swimmers from the older age groups usually contest this event.
- Swimmers selected in the team will be required to attend training sessions in Bordertown. (dates to be advised)
- Swimmers without a signed permission form will be unable to swim at the trials.
- The team will be placed on the USE SAPSASA website. Selected swimmers will receive further information through their school.
- Please e-mail any queries to gabst@bigpond.com

USE SAPSASA NOMINATION FORM 2013

Name: _____

Date of Birth: _____

School: _____

Event numbers and names:

U.S.E. SAPSASA INFORMATION & CONSENT FORM

Swimmer's Name: _____

Address: _____

Phone No.: _____ Mobile Number: _____ D.O.B. _____

Year Level: _____ School: _____

Medical: Please note any special health problems that the coach should be aware of while your child is at practice.

Are you on school card? YES / NO * This information is used for statistical data only.

Are you from an Aboriginal Background? YES / NO

I give permission for my child to take part in the USE Swimming Trials to be held at Tatiara & District Memorial Pool.

I also grant publication consent for any photo of my child/myself being taken by the media for the purpose of promoting the Department's or local school's activities and to my child/myself having full name and school published on the DECS / School Sport Website / USE Website. I understand that any photographs or film taken may be shown in a public environment for an undefined period of time and may be accompanied with a caption detailing the full name of the child.

CONSENT FOR MEDICAL & DENTAL ASSISTANCE INCLUDING AMBULANCE TRANSPORTATION

I agree to delegate my authority to supervising teachers/managers. Such supervisors may take whatever disciplinary action they deem necessary to ensure the safety, well-being and successful conduct of the students as a group and individually.

In the event of an accident or illness and contact with me being impracticable or impossible, I authorise the teacher / manager to arrange whatever medical or surgical treatment a registered medical practitioner considers necessary. I will pay all medical and dental expenses incurred on behalf of my child.

I have also attached health care information, including details of any additional health support he/she requires to undertake the above activities safely. I also consent to my child's doctor or medical specialist being contacted in an emergency.

The information given is accurate to the best of my knowledge.

Signed: _____

Date: / /

PLEASE NOTE: Neither SAPSASA nor the Education Department insure children against accidents. Parents are strongly encouraged to insure their children against accidental injury and ambulance transportation. Specially tailored insurance policies which offer 24 hours cover are available through private Insurance Companies.

SAPSASA STRONGLY SUPPORTS SUNSMART AND BE ACTIVE POLICIES, WHICH INCLUDE WEARING AN APPROPRIATE HAT, USING SUNSCREEN ON A REGULAR BASIS, COVERING UP, TAKING FLUID REGULARLY AND WARMING UP AND FUELLING UP.

Athletes are strongly encouraged to follow these principals when competing.

School Permission / Verification:

To be signed by SAPSASA Representative / Deputy Principal / Principal.
